

Millcreek Community Hospital
ERIE COUNTY COMMUNITY HEALTH IMPROVEMENT PROGRAM
2019-2022 Implementation Plan

STRATEGIC ISSUE: Lifestyle Behavior Change
PRIORITY AREA: Nutrition, Physical Inactivity, Tobacco, Alcohol/Other Substance Use Disorder
GOAL: In the osteopathic tradition, Millcreek Community Hospital is a leader in providing whole person health care which includes prevention and lifestyle behavior changes for the mind, body, and spirit.
AVAILABLE RESOURCES: Detoxification Unit Affiliated Primary Care Physician Group Clinical Pharmacists certified in tobacco cessation Dieticians LECOM Medical Fitness and Wellness Center Community educational opportunities

ALIGNMENT WITH STATE/NATIONAL PRIORITIES

Healthy People 2020: One of the Healthy People 2020’s topics, goals and objectives is to “Improve access to comprehensive, quality health care services... Comprehensive, quality health care services is important for the achievement of health equity and for increasing the quality of a healthy life for everyone.”

Pennsylvania: “The Hospital & Healthsystem Association of Pennsylvania is a statewide membership services organization that advocates for nearly 240 Pennsylvania acute and specialty care, primary care, subacute care, long-term care, home health, and hospice providers, as well as the patients and communities they serve. To advocate for and provide services to Pennsylvania’s hospitals and health systems as they strive to deliver safe, efficient, quality health care to the patients and communities they serve” (The Hospital and Healthsystem Association of Pennsylvania, <<http://www.haponline.org>>).

OBJECTIVE #1: Improve health of residents of Erie County by decreasing tobacco use		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Increase the number of patients who receive education/technical assistance related to tobacco cessation during hospitalization	current	Pharmacy Manager
Increase the number of patients who receive education/technical assistance related to tobacco cessation at affiliated outpatient clinics	2022	LECOM Clinical Pharmacy faculty Medical Associates of Erie Primary Care Providers
Provide community education on the dangers of tobacco use and the benefits of cessation	2022	LECOM Clinical Pharmacy faculty

MEASURES OF SUCCESS	
Source	Frequency
Total Number of Smoking Cessation Coded for MAE practices	Annually
Change in tobacco use status as capture in electronic health records	Annually
Attendance and/or participation in community outreach activities	Episodically

OBJECTIVE #2: Improve health of residents of Erie County by increasing physical activity		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Increase membership at the LECOM Medical Fitness and Wellness Center	current	Executive Director of LECOM Medical Fitness and Wellness Center
Provide community education on the benefits of physical activity	2022	Executive Director of LECOM Medical Fitness and Wellness Center
MEASURES OF SUCCESS		
Source	Frequency	
Membership volume and utilization of services	Quarterly	
Attendance and/or participation in community outreach activities	Episodically	

OBJECTIVE #3: Improve health of residents of Erie County by improving nutrition		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Ensure ideal nutrition relative to the medical or surgical needs of the patients by adherence to diet orders and patient preferences	current	Food Services Manager Dietician
Provide education on nutrition to patients, families, staff, and the community	2022	Dietician
MEASURES OF SUCCESS		
Source	Frequency	
Food services quality assessment and performance improvement activities	Quarterly	
Volume of Dietary Consults	Quarterly	
Attendance and/or participation in community outreach activities	Episodically	

OBJECTIVE #4: Improve health of residents of Erie County by decreasing alcohol/other substance use		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Encourage alcohol/other substance	current	Millcreek Community Hospital

cessation and maintenance of abstinence		Detoxification Unit
MEASURES OF SUCCESS		
Source		Frequency
Total Admissions to the Detoxification Unit		Quarterly
Attendance and/or participation in AA/NA facilitated at MCH		Annually
Patient connections with continued treatment programs upon discharge from Detox Unit		Quarterly