

**Millcreek Community Hospital**  
**ERIE COUNTY COMMUNITY HEALTH IMPROVEMENT PROGRAM**  
**2022-2024 Implementation Plan**

<b>STRATEGIC ISSUE:</b> Lifestyle Behavior Change
<b>PRIORITY AREA:</b> Nutrition, Physical Inactivity, Tobacco, Alcohol/Other Substance Use Disorder
<b>GOAL:</b> In the osteopathic tradition, Millcreek Community Hospital is a leader in providing whole person health care which includes prevention and lifestyle behavior changes for the mind, body, and spirit.
<b>AVAILABLE RESOURCES:</b> Detoxification Unit Affiliated Primary Care Physician Group Clinical Pharmacists certified in tobacco cessation Dieticians LECOM Medical Fitness and Wellness Center Community educational opportunities

**ALIGNMENT WITH STATE/NATIONAL PRIORITIES**

**Healthy People 2022:** One of the Healthy People 2020’s (Dept. of Health and Human Services) topics, goals and objectives is to “Improve access to comprehensive, quality health care services... Comprehensive, quality health care services is important for the achievement of health equity and for increasing the quality of a healthy life for everyone.”

**Pennsylvania:** “The Hospital & Healthsystem Association of Pennsylvania is a statewide membership services organization that advocates for nearly 240 Pennsylvania acute and specialty care, primary care, subacute care, long-term care, home health, and hospice providers, as well as the patients and communities they serve. To advocate for and provide services to Pennsylvania’s hospitals and health systems as they strive to deliver safe, efficient, quality health care to the patients and communities they serve” (The Hospital and Healthsystem Association of Pennsylvania, <<http://www.haponline.org>>).

<b>OBJECTIVE #1:</b> Improve health of residents of Erie County by decreasing tobacco use		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Increase the number of patients who receive education/technical assistance related to tobacco cessation during hospitalization	current	Pharmacy Manager
Increase the number of patients who receive education/technical assistance related to tobacco cessation at affiliated outpatient clinics	2024	LECOM Clinical Pharmacy faculty Medical Associates of Erie Primary Care Providers

Provide community education on the dangers of tobacco use and the benefits of cessation	2024	LECOM Clinical Pharmacy faculty
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Total Number of Smoking Cessation Coded for MAE practices	Annually	
Change in tobacco use status as capture in electronic health records	Annually	
Attendance and/or participation in community outreach activities	Episodically	

<b>OBJECTIVE #2:</b> Improve health of residents of Erie County by increasing physical activity		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Increase membership at the LECOM Medical Fitness and Wellness Center	current	Executive Director of LECOM Medical Fitness and Wellness Center
Provide community education on the benefits of physical activity	2024	Executive Director of LECOM Medical Fitness and Wellness Center
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Membership volume and utilization of services	Quarterly	
Attendance and/or participation in community outreach activities	Episodically	

<b>OBJECTIVE #3:</b> Improve health of residents of Erie County by improving nutrition		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Ensure ideal nutrition relative to the medical or surgical needs of the patients by adherence to diet orders and patient preferences	current	Food Services Manager Dietician
Provide education on nutrition to patients, families, staff, and the community	2024	Dietician
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Food services quality assessment and performance improvement activities	Quarterly	
Volume of Dietary Consults	Quarterly	
Attendance and/or participation in community outreach activities	Episodically	

**OBJECTIVE #4:** Improve health of residents of Erie County by decreasing alcohol/other substance use

<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Encourage alcohol/other substance cessation and maintenance of abstinence	current	Millcreek Community Hospital Detoxification Unit
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Total Admissions to the Detoxification Unit	Quarterly	
Attendance and/or participation in AA/NA facilitated at MCH	Annually	
Patient connections with continued treatment programs upon discharge from Detox Unit	Quarterly	