

LECOM Medical Center and Behavioral Health Pavilion
ERIE COUNTY COMMUNITY HEALTH IMPROVEMENT PROGRAM
2025-2028 Implementation Plan

STRATEGIC ISSUE: Lifestyle Behavior Change
PRIORITY AREA: Nutrition, Physical Inactivity, Tobacco, Alcohol/Other Substance Use Disorder
GOAL: In the osteopathic tradition, LECOM Medical Center is a leader in providing whole person health care which includes prevention and lifestyle behavior changes for the mind, body, and spirit.
AVAILABLE RESOURCES: Detoxification Unit Affiliated Primary Care Physician Group Clinical Pharmacists certified in tobacco cessation Dieticians LECOM Medical Fitness and Wellness Center Community educational opportunities

ALIGNMENT WITH STATE/NATIONAL PRIORITIES

Healthy People 2030: Healthy People 2030 (Dept. of Health & Human Services) goals for Lifestyle Behavior Change are to, “Improve health by promoting healthy eating and making nutritious foods available,” “Reduce overweight and obesity by helping people eat healthy and get physical activity,” and “Reduce drug and alcohol addiction.”

Pennsylvania: “The Hospital & Healthsystem Association of Pennsylvania is a statewide membership services organization that advocates for nearly 240 Pennsylvania acute and specialty care, primary care, subacute care, long-term care, home health, and hospice providers, as well as the patients and communities they serve. To advocate for and provide services to Pennsylvania’s hospitals and health systems as they strive to deliver safe, efficient, quality health care to the patients and communities they serve” (The Hospital and Healthsystem Association of Pennsylvania, <<http://www.haponline.org>>).

OBJECTIVE #1: Improve health of residents of Erie County by decreasing tobacco use		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Increase the number of patients who receive education/technical assistance related to tobacco cessation during hospitalization	Current	Pharmacy Manager

Increase the number of patients who receive education/technical assistance related to tobacco cessation at affiliated outpatient clinics	Current	LECOM Clinical Pharmacy faculty Medical Associates of Erie Primary Care Providers
Provide community education on the dangers of tobacco use and the benefits of cessation	Current	LECOM Clinical Pharmacy faculty
MEASURES OF SUCCESS		
Source	Frequency	
Total Number of Smoking Cessation Coded for MAE practices	Annually	
Change in tobacco use status as capture in electronic health records	Annually	
Attendance and/or participation in community outreach activities	Episodically	

OBJECTIVE #2: Improve the health of residents of Erie County by increasing physical activity		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Increase membership at the LECOM Medical Fitness and Wellness Center	Current	Operations Manager of LECOM Medical Fitness and Wellness Center
Provide community education on the benefits of physical activity	Current	Operations Manager of LECOM Medical Fitness and Wellness Center
Coordinate community-based programming	Current	Marketing and PR Department
MEASURES OF SUCCESS		
Source	Frequency	
Membership volume and utilization of services	Annually	
Attendance and/or participation in community outreach activities	Episodically	
Total number of partnerships/programming with schools, Department of Rec, and employers	Quarterly	

OBJECTIVE #3: Improve health of residents of Erie County by improving nutrition		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization

Ensure ideal nutrition relative to the medical or surgical needs of the patients by adherence to diet orders and patient preferences	Current	Food Services Manager Dietician
Provide education on nutrition to patients, families, staff, and the community	Current	Dietician
Advocate healthy nutritional choices to surrounding schools, employers, and foundations	Current	Marketing Team
MEASURES OF SUCCESS		
Source	Frequency	
Food services quality assessment and performance improvement activities	Quarterly	
Volume of Dietary Consultants	Quarterly	
Attendance and/or participation in community outreach activities	Episodically	

OBJECTIVE #4: Improve health of residents of Erie County by decreasing alcohol/other substance use		
ACTION PLAN		
Strategy	Target Date	Lead Person/ Organization
Encourage alcohol/other substance cessation and maintenance of abstinence	Current	LECOM Medical Center Detoxification Unit
Decrease the stigma of substance use and abuse	Current	LECOM Medical Center Detoxification Unit
MEASURES OF SUCCESS		
Source	Frequency	
Total admissions to the Detoxification Unit	Quarterly	
Patient connections with continued treatment programs upon discharge from Detox Unit	Quarterly	