

**LECOM HEALTH Corry Memorial Hospital**  
**ERIE COUNTY COMMUNITY HEALTH IMPROVEMENT PROGRAM**  
**2025-2028 Implementation Plan**

<b>STRATEGIC ISSUE:</b> Lifestyle Behavior Change
<b>PRIORITY AREA:</b> Nutrition and Obesity, Physical Inactivity, Tobacco/Other Substance Use
<b>GOAL:</b> Decrease preventable chronic disease by improving the ability of residents to make healthy lifestyle behavior changes by ensuring adequate knowledge, access and opportunity to achieve a healthy lifestyle.
<b>AVAILABLE RESOURCES:</b> Affiliated Multispecialty Physician Group Clinical Pharmacists certified in tobacco cessation Nutrition and Dietary Counseling Community Educational Opportunities

**ALIGNMENT WITH STATE/NATIONAL PRIORITIES**

**Healthy People 2030:** Healthy People 2030 (Dept. of Health & Human Services) goals for Lifestyle Behavior Change are to, “Improve health by promoting healthy eating and making nutritious foods available,” “Reduce overweight and obesity by helping people eat healthy and get physical activity,” and “Reduce drug and alcohol addiction.”

**Pennsylvania:** “The Hospital & Healthsystem Association of Pennsylvania is a statewide membership services organization that advocates for nearly 240 Pennsylvania acute and specialty care, primary care, subacute care, long-term care, home health, and hospice providers, as well as the patients and communities they serve. To advocate for and provide services to Pennsylvania’s hospitals and health systems as they strive to deliver safe, efficient, quality health care to the patients and communities they serve” (The Hospital and Healthsystem Association of Pennsylvania, <<http://www.haponline.org>>).

<b>OBJECTIVE #1:</b> Increase awareness of healthy nutrition and lifestyle modification for wellness / Increase knowledge of eat well, live better		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Provide nutrition and wellness information at community and hospital events	Current	Dietician, Director of Marketing and Communications
Increase the number of patients who receive educational/technical materials related to dietary health and wellness at affiliated outpatient clinics	Current	Practice Managers
Increase the number of patients who receive educational/technical materials related to dietary health and wellness while hospitalized	Current	Dietician
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Patient experience of care reports	Quarterly	
Quality and Performance Improvement Activities	Quarterly	
Total number of events planned, attended, and requested	Quarterly	

<b>OBJECTIVE #2:</b> Increase the amount of physical activity and the number of community members committed to participate / Increase occurrence and availability of wellness and activity programming		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Organize walking programs of various lengths and times to encourage walking and physical activity from participants of all levels of physical ability	Current	Director of Rehab
Increase the ongoing screening practices and “prescriptions” for exercise in the primary care physician offices, Rural Health Clinic	Current	Practice Managers
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Total attendance and sign-up for organized walking programs	Monthly	
Volume of patients served, number of settings of care	Monthly	

<b>OBJECTIVE #3:</b> Decrease the amount of community members using tobacco products routinely		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Increase the number of patients who receive education/technical assistance related to tobacco use cessation during hospitalization	Current	Pharmacy Manager
Increase the number of patients who receive education/technical assistance related to tobacco use cessation at affiliated outpatient clinics	Current	LECOM Clinical Pharmacy faculty, Practice Managers
Promote the use of the PA Quit Line through educational materials	Current	Pharmacy Manager
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Total number of smoking cessation coded	Annually	
Change in tobacco use as status in EMRs	Annually	

<b>OBJECTIVE #4:</b> Decrease the amount of community members experiencing alcohol / other substance use disorders		
<b>ACTION PLAN</b>		
<b>Strategy</b>	<b>Target Date</b>	<b>Lead Person/ Organization</b>
Increase the number of patients who receive education/technical assistance related to alcohol / other substance use disorder during hospitalization	Current	Pharmacy Manager
Increase the number of patients who receive education/technical assistance related to alcohol / other substance use disorder at affiliated outpatient clinics	Current	Practice Managers
Increase the number of patients who receive timely referrals to treatment as appropriate	Current	Practice Managers
Increase ongoing screening practices in the Rural Health Clinic, Emergency Department, and the Acute Nursing Unit	Current	Practice Managers, Director of Patient Care Services
Create and provide educational programming and materials to be presented to Corry Area School District and other community groups per request	Current	Director of Marketing and Communications
<b>MEASURES OF SUCCESS</b>		
<b>Source</b>	<b>Frequency</b>	
Total number of patient referrals to treatment	Annually	
Total number of patients screened	Monthly	
Total number of events planned, attended, and requested	Quarterly	