



Short-term Psychiatric Residential Treatment Facility (pRTF)

LECOM
MEDICAL CENTER AND
BEHAVIORAL HEALTH PAVILION

WELCOME

The pRTF is a 10-bed unit at LECOM Medical Center and Behavioral Health Pavilion for children ages 7-17. With 24/7 supervision, the pRTF program provides a supportive environment that promotes success through the delivery of therapeutic intervention in the least restrictive environment while supporting patients in close proximity to their family, school, and community.

LECOM Behavioral Health provides compassionate, high-quality therapeutic care and looks forward to partnering with you to meet your child's mental health needs.

Our Program is Highly Successful:

100% overall satisfaction

100% felt that they are better at handling everyday life following the program

Nearly 9 of 10 would recommend the pRTF program and felt that they got the help they needed

TREATMENT APPROACH

- **Highly structured, consistent schedule to create sustainable positive patient outcomes:**
Our pRTF team gives children the consistency they need to feel secure.
- **Trauma-informed care model:**
The pRTF team recognizes the impact of past experiences and creates space for healing.
- **Multi-disciplinary team approach:**
Care is delivered by a full team of experts, including psychiatrists, therapists, and an on-site teacher.
- **Collaboration with community-based services:**
We overlap services and partner closely with community supports, like Family Based Mental Health teams, so progress continues and families feel confident carrying skills forward.

SPECIALIZED EXPERIENCE

Each day follows an individualized schedule including:



Daily Routine

- Meals
- Hygiene



Positive Reinforcement

- Restructuring
- Redirection
- Coaching
- Reflection



Groups

- Coping skills
- Problem solving
- Whole body wellness
- Interpersonal interactions



Treatment Planning

- Motivational interviewing
- Value identification
- Goal setting
- Family engagement